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**Maxima and Minima with no Calculus**

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## MAXIMA AND MINIMA WITH NO CALCULUS

In this course we try to find maxima and minima of certain functions without appealing to calculus.

Definition Let  $a_1, a_2, \dots, a_n$  be positive numbers. Then  $\frac{a_1+a_2+\dots+a_n}{n}$  is called the arithmetic mean and  $\sqrt[n]{a_1 a_2 \dots a_n}$  is called the geometric mean of the numbers  $a_1, a_2, \dots, a_n$ .

Theorem: For positive numbers  $a_1, a_2, \dots, a_n$ ,  $\sqrt[n]{a_1 a_2 \dots a_n} \leq \frac{a_1+a_2+\dots+a_n}{n}$  and equality holds if and only if  $a_1 = a_2 = a_3 = \dots = a_n$ .

Proof: We will give the proof for  $n = 2, 3, 4$  and general case is left to the reader as an exercise.

case (i):  $n = 2$ . It is clear that,

$$\left(\sqrt{a_1} - \sqrt{a_2}\right)^2 \geq 0 \text{ and equality holds if and only if } \sqrt{a_1} - \sqrt{a_2} = 0.$$

By simplifying this we get  $\frac{a_1+a_2}{2} \geq \sqrt{a_1 a_2}$  and equality holds if and only if  $a_1 = a_2$ .

case (ii):  $n = 4$ .  $\frac{a_1+a_2+a_3+a_4}{4} = \frac{\frac{a_1+a_2}{2} + \frac{a_3+a_4}{2}}{2} \geq \sqrt{\frac{(a_1+a_2)}{2} \cdot \frac{(a_3+a_4)}{2}}$  by case (i).

Applying case (i) again we get;

$$\frac{a_1+a_2+a_3+a_4}{4} \geq \sqrt{\sqrt{a_1 a_2} \sqrt{a_3 a_4}} = \sqrt[4]{a_1 a_2 a_3 a_4}.$$

First inequality is an equality if and only if  $\frac{a_1+a_2}{2} = \frac{a_3+a_4}{2}$ .

Second inequality is an equality if and only if  $a_1 = a_2$  and  $a_3 = a_4$ .

Combining all above we get;

$$\frac{a_1+a_2+a_3+a_4}{4} = \sqrt[4]{a_1 a_2 a_3 a_4} \text{ if and only if } a_1 = a_2 = a_3 = a_4.$$

This completes the proof in the case  $n = 4$ .

case (iii):  $n = 3$ . From case (ii),  $\frac{a_1+a_2+a_3 + \frac{(a_1+a_2+a_3)}{3}}{4} \geq \sqrt[4]{a_1 a_2 a_3 \frac{(a_1+a_2+a_3)}{3}}$ .

$$\text{i.e. } \frac{a_1+a_2+a_3}{3} \geq \sqrt[4]{a_1 a_2 a_3} \sqrt[4]{\frac{a_1+a_2+a_3}{3}}.$$

$$\text{i.e. } \left(\sqrt[4]{\frac{a_1+a_2+a_3}{3}}\right)^3 \geq \left(\sqrt[4]{a_1 a_2 a_3}\right).$$

Thus  $\frac{a_1+a_2+a_3}{3} \geq \sqrt[3]{a_1 a_2 a_3}$ .

Equality holds if and only if  $a_1 = a_2 = a_3$  from the very first line. We leave the proof of the general case for the reader. (Hint: First prove the result for  $n = 2^m$ .)

Examples.

1. Find the maximum value of  $x\sqrt{9-x^2}$  with  $x$  between 0 and 3.

Solution: Since  $x$  is between 0 and 3 both  $x$  and  $\sqrt{9-x^2}$  are positive numbers.

Hence by case (i) of the proof,

$$x\sqrt{9-x^2} = \sqrt{x^2(9-x^2)} \leq \frac{x^2+9-x^2}{2} = \frac{9}{2} \text{ and equality holds if and only if } x^2 = 9-x^2 \text{ and hence } x = \frac{3}{\sqrt{2}}.$$

Hence, the maximum of  $x\sqrt{9-x^2}$  with  $x$  between 0 and 3 is  $\frac{9}{2}$  and it happens when  $x$  is equal to  $\frac{3}{\sqrt{2}}$ .

2. Find the minimum of  $x + \frac{400}{x}$  when  $x$  is positive.

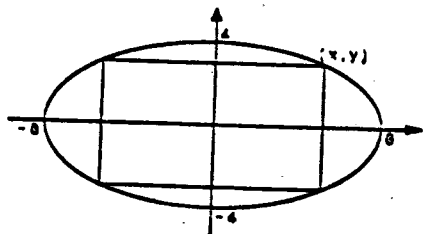
Solution: Since  $x$  is positive both  $x$  and  $\frac{400}{x}$  are positive numbers.

Hence by case (i) of the proof,

$$x + \frac{400}{x} \geq 2\sqrt{x \cdot \frac{400}{x}} = 40 \text{ and equality holds if and only if } x = \frac{400}{x} \text{ (i.e. } x = 20).$$

Thus minimum of  $x + \frac{400}{x}$  with  $x$  positive is 40 and it happens when  $x$  is 20.

3. Find the area of the largest rectangle that can be inscribed in the ellipse  $\frac{x^2}{9} + \frac{y^2}{16} = 1$ , with sides parallel to the axes.



Consider the rectangle inscribed in the ellipse as shown in the picture. Then sides are of  $2x$  and  $2y$  length and the point  $(x,y)$  lies on the ellipse. Let  $A$  be the area.

$$\text{Then } A = 2x \cdot 2y = 4xy = 4x \cdot 4\sqrt{1 - \frac{x^2}{9}}$$

$$= 16.3 \sqrt{\frac{x^2}{9}} \cdot \sqrt{1 - \frac{x^2}{9}}$$

$$\leq 48 \frac{\frac{x^2}{9} + 1 - \frac{x^2}{9}}{2} = 24.$$

and equality holds if and only if  $\frac{x^2}{9} = 1 - \frac{x^2}{9}$  if and only if  $x = \frac{3}{\sqrt{2}}$  and  $y = \frac{4}{\sqrt{2}}$ .

Hence, the required area is 24 and the point of this rectangle in the ellipse in first quadrant is  $(\frac{3}{\sqrt{2}}, \frac{4}{\sqrt{2}})$

Exercises:

1) If  $a_1, a_2, \dots, a_n$  are positive real numbers.

then,

i.  $\frac{n}{\frac{1}{a_1} + \frac{1}{a_2} + \dots + \frac{1}{a_n}} \leq \sqrt[n]{a_1 a_2 \dots a_n}$

ii. When does the equality hold in (i)? The quantity in the left hand side of (i) is called the harmonic mean of  $a_1, a_2, \dots, a_n$ .

2) Find the volume of the largest rectangular solid that can be inscribed in the ellipsoid

$$\frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} = 1 \text{ edges parallel to the axes.}$$

3) Find the minimum value of  $\frac{18}{x} + \frac{12}{y} + xy$  taken over all positive values of  $x$  and  $y$ .

4) Find the minimum value of  $\frac{98}{x} + \frac{24}{y} + \frac{36}{z} + \frac{32}{r} + \frac{6}{s} + xyzrs$ , taken over all positive values of  $x, y, z, r, s$ .

5) Find the minimum value of  $\frac{1}{xy} + \frac{4x^2y^2}{z} + z$  taken over all positive values of  $x, y, z$ .

6) Find the shortest distance from the origin to the curve  $x^2y = 108$ .

7) Prove that among all triangles of a given perimeter, the equilateral triangle has the largest area.